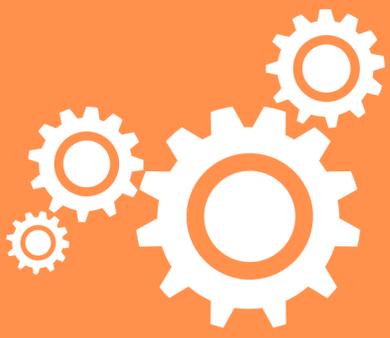


# NATIONAL PAIN WEEK



**68%**  
of people living with chronic pain are of working age.



\$2.7 billion was paid by Australians in out-of-pocket costs to manage their chronic pain.

**40%** of early retirement is due to chronic pain. 

**45%** of people living with chronic pain also experience depression or anxiety.



The financial costs of chronic pain was \$144.1 billion in 2020, if nothing is done it is expected to rise to \$215.6 billion by 2050.



Chronic pain is defined as daily pain that lasts longer than three months and occurs for a variety of reasons including an injury, surgery, arthritis or other medical conditions such as cancer, endometriosis or migraines or it can be a condition in its own right.



People who live in rural, regional and remote Australia are more likely to have chronic pain than those who live in major cities.

People who live outside urban areas are 23 per cent more likely to experience back pain.



Chronic pain affects more than 3.4 million Australians.



43% of people who experience pain, live with the condition for more than five years.



Find a pain service near you.  
You can visit our National Pain Services Directory  
[www.painaustralia.org.au/pain-directory](http://www.painaustralia.org.au/pain-directory)



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